Congratulations to Esmeralda and Victor Rodriguez, proud parents of newborn twin girls born at Knapp Medical Center. Baby Vanessa Nicole (held by mom) and Baby Alexis Raquel (held by dad) were delivered just one minute apart by Dr. Juan Gonzalez-Dickson. Best wishes to the new family from the staff at Knapp Medical Center.
AWARDS

Noble Allen Receives THT Founders’ Award

Congratulations to Noble C. Allen, chairman of the board at Knapp Medical Center, for being awarded the 2006 Founders’ Award, the Texas Healthcare Trustees’ highest honor.

Established in 1972, the Founders’ Award is presented to trustees who have provided leadership and significantly contributed to the health care field. The award originally was given to the five founders of the Texas Healthcare Trustees, and the 36 subsequent recipients’ accomplishments have exemplified the group’s dedication to and concern for the health care field.

“THT has been the fortunate beneficiary of Noble Allen’s significant energy and enthusiasm,” said outgoing THT Chairman Peggy V. Allison, member of the board of governors for Methodist Healthcare System of San Antonio. “Noble has dedicated his life to improving health care in South Texas, and he is a role model for trustees and community leaders everywhere.”

Most recently, Allen helped guide Knapp Medical Center through the selection of a new chief executive officer, James A. Summersett III, when former CEO Robert Vanderveer retired after 27 years. Allen has overseen multiple expansion projects and the hospital being named after 27 years. Allen has overseen multiple expansion projects and the hospital being named after 27 years. Allen has overseen multiple expansion projects and the hospital being named after 27 years. Allen has overseen multiple expansion projects and the hospital being named after 27 years. Allen has oversee

In all the years that I have observed Noble in community work, I have never seen him act selfishly or for personal gain,” says Trainor. “In his present position, Noble has shown keen insight and discernment in guiding us through an administrative change and the challenges we are facing with declining payments and increasing numbers of indigent patients.”

Allen has served on boards at Knapp Medical Center since 1981. He also served on the THT board and was chairman in 2000 and was president of the THT Foundation.

In addition to his efforts for Knapp Medical Center, Allen has been involved in a wide array of community activities and civic endeavors. A lifelong resident of Weslaco, he has been instrumental in almost every civic and charitable organization in town.

Only two years after his college graduation, he was named Joycey of the Year – Weslaco Chapter. Noted for his very sense of humor and civic responsibility, Allen has served in multiple leadership roles on the local and state levels. He is past president of the Weslaco Chamber of Commerce, Jaycees, Lions Club and the University of Texas Pan American Alumni Association. He served on the city of Weslaco Planning and Zoning Commission and is past president of the Rio Grande Valley Chamber of Commerce, not to mention stints as the Weslaco Crime Stoppers president and Weslaco Sugar Cane Festival committee chair. He is a previous recipient of Weslaco’s Man of the Year award.

For mammography info call: 956-969-5478
For mammography info call: 956-969-5478

In addition to his efforts for Knapp Medical Center, Allen has been involved in a wide array of community activities and civic endeavors. A lifelong resident of Weslaco, he has been instrumental in almost every civic and charitable organization in town.

Only two years after his college graduation, he was named Joycey of the Year – Weslaco Chapter. Noted for his very sense of humor and civic responsibility, Allen has served in multiple leadership roles on the local and state levels. He is past president of the Weslaco Chamber of Commerce, Jaycees, Lions Club and the University of Texas Pan American Alumni Association. He served on the city of Weslaco Planning and Zoning Commission and is past president of the Rio Grande Valley Chamber of Commerce, not to mention stints as the Weslaco Crime Stoppers president and Weslaco Sugar Cane Festival committee chair. He is a previous recipient of Weslaco’s Man of the Year award.

Allen graduated as valedictorian of Weslaco High School and received a bachelor’s degree in business administration from the University of Texas-Pan American in Edinburg. A native of Weslaco, he is a partner in the certified public accounting firm of Salinas, Allen & Schmitt, LLP. He and his wife, Sharon, have two daughters.

Radilogist, highlighting suspicious areas that may be indicative of cancer. It acts like a second

Does C.A.D. help with earlier detection? By utilizing the C.A.D. computer, some cancers can be detected up to 24 months earlier than with conventional means only.

Does earlier detection help? Yes. It is critical to diagnose breast cancer as early as possible when survival rates are highest, and treatment costs are lowest.

Will my insurance cover the cost of the procedure? Medicare and many other insurance companies are currently reimbursing for this procedure. Since this technology is new, however, not all payers are participating at this time.

Can I get the C.A.D. procedure even if it is not covered by my insurance company? Yes, Knapp Medical Center is currently making C.A.D. available to all its patients.

Knapp Medical Center
1401 East Eighth Street, Weslaco, Texas 78599 | (956) 968-8567 | www.knappmed.org

KNAPP
Mammography Services

To schedule a mammogram call: 956-969-5478
For mammography info call: 956-969-5342
1401 E. Eighth St., Weslaco www.knappmed.org

Community SERVICES

Here is a list of some of the support groups that meet at Knapp Medical Center and community programs offered by Knapp. For more information, call the numbers below weekdays between 8 a.m. and 4:30 p.m. All Knapp community programs are free unless a fee is specified.

Basic Life Support (CPR & AED Training)
- Call 969-5455 for schedules
- $5 requested

Childbirth Education Classes
- 10 a.m. – 12 p.m. Saturdays English classes
- 7 p.m. – 9 p.m. Monday Spanish classes
- Fee for big brothers and sisters in the family, we offer concurrent sibling classes geared for ages 4-12
- For all family members attending any of the above classes, the cost is one low fee of $40
- Call 969-5484 to register

Diabetes Support Group
- For more information please call 969-5668

Doctor Directory
- 8 a.m. to 4:30 p.m. weekdays for Knapp Medical Staff information
- Medical Staff doctors are independent professional practitioners
- Call 969-5237

First Aid Course
- Call 969-5455 for schedules

Grief/Bereavement Support Group
- 15-11 a.m. on last Tuesday in Knapp Conference Center Room 7
- Call 973-1879

MS Support Group
- 10 a.m. on second Saturday usually October – April
- Call 969-5119

Speakers
- Topics include child safety, senior health, advance directives and Knapp updates.
- Call 969-5237

Tours
- Available to public and school groups and tailored to the age, interest and group size.
- Please schedule at least two weeks in advance.
- Call 969-5237
Digital mammography and a computer aided detection system make a powerful combination offering the promise of increased breast cancer detection and safer care at Knapp Medical Center. Why the switch to digital? Digital mammography was developed for many important reasons. The system transfers images to a computer so they can be electronically enhanced. Your doctor can zoom in, magnify and optimize different parts of the breast tissue. And special software allows your doctor to view the entire breast on one image.

I’ve heard that digital mammography is better for patients who have dense breasts. What is the difference between dense & fatty breasts? Your breast contains varying amounts of glandular (dense) tissue and fatty tissue. The more glandular the breast tissue, the denser the breast. Digital mammography is better for imaging dense breast tissue than the traditional film method.

I found that digital mammography is 20 to 30 percent reduction in call backs. What does C.A.D. do? C.A.D. should be performed with every mammography exam. C.A.D. should be performed with every mammography exam. What does C.A.D. do? After your mammography exam, your films are scanned and digitized by the C.A.D. computer. It analyses the film and provides a report for the doctor.

Knapp Medical Center Named Among the Nation’s Top Performance Improvement Leaders by Solucient

Knapp Medical Center was named one of the nation’s top Performance Improvement (PI) Leader hospitals by Solucient, the nation’s leading source of healthcare information products on February 1, 2006.

Knapp Medical Center and the Board of Directors, Medical Staff and management team were recognized for being one of a hundred hospitals making the greatest progress in improving hospital-wide performance over five years (2000-2004). These organizations have set national benchmarks for consistent improvement in clinical outcomes, safety, hospital efficiency, financial stability and growth.

Knapp Medical Center was listed as among the 20 hospitals in the medium-size hospital category, and also among the eight in any category from Texas. The study found that PI Leaders made the following gains between 2000 and 2004:

- They have fewer than expected complications, deaths and adverse safety events despite starting five years ago with higher than expected incidence.
- They improved financial stability going from being barely profitable to achieving a healthy positive profit margin of 5.8%.
- They discharge patients two-thirds of a day earlier than five years ago.
- They increased expenses by only 8%, while their peers’ expenses increased 20%.
- They grew their patient volume 5.3 percent, while their peers lost 1.5 percent of their patient volume.

The study looked at all U.S. hospitals licensed to treat Medicare patients. Nine performance measures were examined at each hospital: risk-adjusted mortality and complications, average length of stay, expenses, profitability, cash-to-debt ratio, growth in patient volumes, tangible assets, and risk-adjusted patient safety index. The study used publicly available Medicare cost reports, MedPAR data, and CMS outpatient data from 2000 – 2004.
NEWS

In Recent News

E.R. Minor Care Track

An E.R. Minor Care Track began in October. A nurse practitioner is available to see minor care patients from 11 a.m. to 11 p.m. Patients that present to the E.R. and meet the minor care criteria have a medical screening performed by a clinician. If the patient has a non-emergent condition, the patient is given financial information and asked whether they want to receive treatment in the minor care track area. If the patient decides not to receive treatment at Knapp, they are given information on minor care options within the community. The average turn-around time for a Minor Care patient is one hour.

Outstanding Citizen Of Weslaco

Congratulations to Bruce Lime, who was named the Outstanding Citizen of Weslaco by the Weslaco Area Chamber of Commerce on Oct. 19, 2006. Bruce’s contribution to the Weslaco Medical Center Foundation Board has been invaluable. He is an unpretentious leader preferring little fanfare. He exemplifies the true spirit of volunteerism and his volunteer energy extends far beyond Knapp Medical Center. For more information about this special volunteer, go to knappmed.org.

Donations

The following donations were gratefully received during November and December:

Donations to Knapp Medical Center Foundation

In Honor of Debby Verser Rektorik
Lynn Carter
Esperanza Garza
Carmen Hicks

In Memory of successful Chapa
Debby Verser Rektorik

In Memory of Udene Hope Higgins
Tamara Carson
Of Music and Dance of Spain L

In Memory of Bettye Rice
Mr. & Mrs. Craig Wigand

In Memory of Kathryn Vercher
Charles & Carolyn Bull
Johan Volj & Eric Cisneros
Juliana F. Helton
Ann Ward

Donations to Knapp Medical Center Hospice Care Services

Donation
Natalia Villarreal
Rio Grande Valley Chapter of A.A.M.T.

In Memory of Gary Hutson
Larry & Shirley Rabbit

In Memory of George E. Rosenberg
International Business Machines Corporation
Michael & Mary Regan

Donations in honor of or in memory of a colleague, friend or loved one can be sent to Knapp Medical Center Foundation, P.O. Box 1110, Weslaco, TX 78599 or go online to: www.knappmed.org
Women's Health Services

Physicians on the Knapp Active Medical Staff are all independent professional practitioners with offices close to Knapp Medical Center. All offices are in Weslaco unless otherwise noted.

Obstetrics & Gynecology

Alberto Copeta M.D. 968-4531
Elizabeth G. Krishnan M.D. 968-9952
Gregoris R. Nunez M.D. 973-9717
Juan Gonzalez-Dickson M.D. 968-0802
Ronald E. Blanco M.D. 969-8959
Roxy N. Minck M.D. 969-8931

Pediatrics

Felpo M. Avila M.D. 968-0101 or 566-0900 Meredith Wilfredo Aviles M.D. 968-3111
Gustavo Buenrostro M.D. 968-9971
Mario Esquante M.D. 968-3111
Jorge L. Kutugata M.D. 969-3004
Joselyn Oakes M.D. 447-4200
Umesh K. Pathak M.D. 969-2609
Catarina Ponzada M.D. 968-3202
Rosani V. Reddy M.D. 969-2609
Jeanne Lynn Wingard M.D. 969-2609

For Expectant Mothers……

• Labor & Delivery Birthing Rooms
• Private Hospital Suite Available to All Patients After Delivery
• Pain Management Options
• Anesthesia staff is available at all times to provide an epidural service for pain relief to laboring patients, when ordered by the obstetrician.
• Sibling Visitation
• Flexible Room-In Option
• Breastfeeding Advocates
• Initial Newborn Hearing Screen
• Newborn Photo Featured on www.knappmed.org

All Staff Trained in Neonatal Resuscitation through Certification

All Patient Care Provided Through Team Approach

Before Baby Comes

Prior to baby’s arrival, expectant parents can attend the four week Family Birth Education Program.

Our family birthing classes instruct the family on the labor and delivery process, nutrition, exercise, fitness, pro-natal yoga, baby care and pain management options.

For big brothers and sisters in the family, we offer concurrent sibling classes geared for ages 4-12. If you have a younger or older child, give us a call, and we will specially design a program to meet your family’s needs.

English classes are held Saturdays from 10 a.m.-12 p.m. and Spanish classes on Mondays from 7-9 p.m. For all family members attending any of the above classes, the cost is one low fee of $40. Call 969-5484 to register.

Obstetrics/ Gynecology Service

\[ \text{ almonds, } \text{ goji berries, } \text{ dark chocolate, } \text{ nuts, } \text{ seeds, } \text{ whole grains, } \text{ lean protein, } \text{ dairy, } \text{ and fruits.*} \]
Doctor Directory

969-5237
8 a.m. to 4:30 p.m.
Weekdays

Call the Doctor Directory for information about the Knapp Medical Center Medical Staff. This free service will assist you with information about the doctors (independent professional practitioners) who have staff privileges or who admit patients to Knapp Medical Center. Or, go to www.knappmed.org and click on Find a Doctor.

Radiology Service

Robert Fountila D.O.
Radiology
969-5461
(not pictured)

Allan Kapilivsky M.D.
Radiology
969-5461
(not pictured)

Vangala J. Reddy M.D.
Radiology
969-5461
(not pictured)

Pathology Service

Leonel M. Arendse M.D.
Pathology
969-5244

Alberto González M.D.
Chief of Pathology
Pathology
969-5244

Raymunda Voeramachaneni M.D.
Pathology
969-5244

Surgery Service

Jeremy Alpert M.D.
Otolaryngology
968-9502

Gopal Krishna M.D.
Orthopedic Surgery
618-2970

R. Chandrasekharan M.D.
Orthopedic Surgery
968-9502

Sandra Espinosa M.D.
Immediate Past President
General Surgery
447-3668

Robert Fountila D.O.
Otolaryngology
969-5461
(not pictured)

Guadalupe Cavazos
D.P.M.
Podiatry
618-2970

R. Chandrasekharan M.D.
Orthopedic Surgery
968-9502

Sandra Espinosa M.D.
Immediate Past President
General Surgery
447-3668

Physicians are independent professional practitioners who are members of the hospital’s medical staff. They are not employees, agents, or representatives of the hospital.
Obstetrics/Gynecology Service (continued)

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialization</th>
<th>Phone Number</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Krishnan M.D.</td>
<td>Obstetrics/Gynecology</td>
<td>986-9302</td>
<td></td>
</tr>
<tr>
<td>Barry minimum M.D.</td>
<td>Obstetrics/Gynecology</td>
<td>986-8951</td>
<td></td>
</tr>
<tr>
<td>Gregorio Nuñez M.D.</td>
<td>Obstetrics/Gynecology</td>
<td>973-9717</td>
<td></td>
</tr>
</tbody>
</table>

Pathology Service

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialization</th>
<th>Phone Number</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leonel M. Acosta M.D.</td>
<td>Pathology</td>
<td>969-5244</td>
<td></td>
</tr>
<tr>
<td>Alberto Gonzalez M.D.</td>
<td>Chief of Pathology</td>
<td>969-5244</td>
<td></td>
</tr>
<tr>
<td>Rosalba Verramachaneni M.D.</td>
<td>Pathology</td>
<td>969-5244</td>
<td></td>
</tr>
</tbody>
</table>

Pediatric Service

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialization</th>
<th>Phone Number</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Felipe M. Avila M.D.</td>
<td>Pediatrics</td>
<td>968-0103</td>
<td></td>
</tr>
<tr>
<td>Wilfredo Atillo M.D.</td>
<td>Pediatrics</td>
<td>968-3111</td>
<td></td>
</tr>
<tr>
<td>Gustavo Basistello M.D.</td>
<td>Pediatrics</td>
<td>968-9571</td>
<td></td>
</tr>
<tr>
<td>Mario S. Escalante M.D.</td>
<td>Pediatrics</td>
<td>968-3111</td>
<td></td>
</tr>
<tr>
<td>Jorge Konigala M.D.</td>
<td>Pediatrics</td>
<td>969-2904</td>
<td></td>
</tr>
<tr>
<td>Rodolfo Guevara M.D.</td>
<td>General Surgery</td>
<td>968-2117</td>
<td></td>
</tr>
<tr>
<td>S. Gopal Krishnan M.D.</td>
<td>Chief of Surgery</td>
<td>968-3970</td>
<td></td>
</tr>
<tr>
<td>Tina H. Quach, D.P.M.</td>
<td>Podiatry</td>
<td>969-9563</td>
<td></td>
</tr>
<tr>
<td>Penny S. Phillips D.P.M.</td>
<td>Orthopedic Surgery</td>
<td>618-2970</td>
<td></td>
</tr>
<tr>
<td>Filomena S. Ferrer, D.P.M.</td>
<td>Podiatry</td>
<td>969-9563</td>
<td></td>
</tr>
<tr>
<td>Henry Ruiz M.D.</td>
<td>Otolaryngology</td>
<td>866-289-3173</td>
<td></td>
</tr>
<tr>
<td>Michael D. Sandfor M.D.</td>
<td>Orthopedic Surgery</td>
<td>447-9797</td>
<td></td>
</tr>
</tbody>
</table>

Radiology Service

Call the Doctor Directory for information about the Knapp Medical Center Medical Staff. This free service will assist you with information about the doctors (independent professional practitioners) who have staff privileges or who admit patients to Knapp Medical Center. Or, go to www.knappmed.org and click on Find a Doctor.

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialization</th>
<th>Phone Number</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Krishnan M.D.</td>
<td>Obstetrics/Gynecology</td>
<td>986-9302</td>
<td></td>
</tr>
<tr>
<td>Barry minimum M.D.</td>
<td>Obstetrics/Gynecology</td>
<td>986-8951</td>
<td></td>
</tr>
<tr>
<td>Gregorio Nuñez M.D.</td>
<td>Obstetrics/Gynecology</td>
<td>973-9717</td>
<td></td>
</tr>
<tr>
<td>Leonel M. Acosta M.D.</td>
<td>Pathology</td>
<td>969-5244</td>
<td></td>
</tr>
<tr>
<td>Alberto Gonzalez M.D.</td>
<td>Chief of Pathology</td>
<td>969-5244</td>
<td></td>
</tr>
<tr>
<td>Rosalba Verramachaneni M.D.</td>
<td>Pathology</td>
<td>969-5244</td>
<td></td>
</tr>
<tr>
<td>Felipe M. Avila M.D.</td>
<td>Pediatrics</td>
<td>968-0103</td>
<td></td>
</tr>
<tr>
<td>Wilfredo Atillo M.D.</td>
<td>Pediatrics</td>
<td>968-3111</td>
<td></td>
</tr>
<tr>
<td>Gustavo Basistello M.D.</td>
<td>Pediatrics</td>
<td>968-9571</td>
<td></td>
</tr>
<tr>
<td>Mario S. Escalante M.D.</td>
<td>Pediatrics</td>
<td>968-3111</td>
<td></td>
</tr>
<tr>
<td>Jorge Konigala M.D.</td>
<td>Pediatrics</td>
<td>969-2904</td>
<td></td>
</tr>
<tr>
<td>Rodolfo Guevara M.D.</td>
<td>General Surgery</td>
<td>968-2117</td>
<td></td>
</tr>
<tr>
<td>S. Gopal Krishnan M.D.</td>
<td>Chief of Surgery</td>
<td>968-3970</td>
<td></td>
</tr>
<tr>
<td>Tina H. Quach, D.P.M.</td>
<td>Podiatry</td>
<td>969-9563</td>
<td></td>
</tr>
<tr>
<td>Penny S. Phillips D.P.M.</td>
<td>Orthopedic Surgery</td>
<td>618-2970</td>
<td></td>
</tr>
<tr>
<td>Filomena S. Ferrer, D.P.M.</td>
<td>Podiatry</td>
<td>969-9563</td>
<td></td>
</tr>
<tr>
<td>Henry Ruiz M.D.</td>
<td>Otolaryngology</td>
<td>866-289-3173</td>
<td></td>
</tr>
<tr>
<td>Michael D. Sandfor M.D.</td>
<td>Orthopedic Surgery</td>
<td>447-9797</td>
<td></td>
</tr>
</tbody>
</table>

February 2007

Physicians are independent professional practitioners who are members of the hospital’s medical staff. They are not employees, agents, or representatives of the hospital.
Women’s Health Services

Physicians on the Knapp Active Medical Staff are all independent professional practitioners with offices close to Knapp Medical Center. All offices are in Weslaco unless otherwise noted.

Obstetrics & Gynecology
Alberto Cepeda M.D.
968-4531
Elizabeth G. Krishnan M.D.
968-9502
Gregorius R. Nunez M.D.
975-9717
Juan Gonzalez-Dickson M.D.
968-0802
Ronald E. Blanco M.D.
969-9899
Rory N. Minck M.D.
969-8931

Pediatrics
Felipe M. Avila M.D.
968-0101 or 566-0900 Mercedes Wilfredo Aviles M.D.
968-3111
Gustavo Bueniello M.D.
968-9751
Mario Escahtle M.D.
968-3111
Jorge L. Kutgata M.D.
969-2904
Jesly Oakes M.D.
447-4200
Umesh K. Pathak M.D.
969-2609
Catarina Ponsa M.D.
968-3202
Reganiti V. Reddy M.D.
969-2609
Jeannie Lynn Wingard M.D.
969-2609

For Expectant Mothers....
• Labor & Delivery Birthing Rooms
• Private Hospital Suite Available to All Patients After Delivery
• Pain Management Options
• Anesthesia staff is available at all times to provide an epidural service for pain relief to laboring patients, when ordered by the obstetrician.
• Sibling Visitations
• Flexible Room-In Option
• Breastfeeding Advocates
• Initial Newborn Hearing Screen
• Newborn Photo Featured on www.knappmed.org

All Staff Trained in Neonatal Resuscitation through Certification
All Patient Care Provided Through Team Approach

Before Baby Comes
Prior to baby’s arrival, expectant parents can attend the four-week Family Birth Education Program.
Our family birthing classes instruct the family on the labor and delivery process, nutrition, exercise, fitness, pre-natal yoga, baby care and pain management options.
For big brothers and sisters in the family, we offer concurrent sibling classes geared for ages 4-12. If you have a younger or older child, give us a call, and we will specially design a program to meet your family’s needs.

English classes are held Saturdays from 8 a.m. - 12 p.m. and Spanish classes on Mondays from 7-9 p.m. For all family members attending any of the above classes, the cost is one low fee of $40. Call 969-5484 to register.

Women’s Health Services at Knapp Medical Center include three patient care units: Labor & Delivery, Nursery and Postpartum.

The Knapp Labor & Delivery Unit has seven private rooms where mothers labor and deliver in the same room. Adjacent to these Labor, Delivery & Recovery rooms are two fully staffed operating rooms for mothers requiring a cesarean section.

The same nursing professionals who assist the patient in labor are also trained to assist the obstetrician during the cesarean section, offering continuity of caregivers.

Patients recover briefly in Labor & Delivery before being moved to a private room on the Postpartum Unit, where they may choose to have their newborn “room-in” with them.
The newborn nursery is also located on the same floor, just a short distance from the Postpartum Unit rooms.

Mother, wife, daughter, friend, caregiver, provider...With all the roles you are expected to fill as a woman and with all the attention you are expected to give to those around you, Knapp Medical Center is here to offer you that same special care you provide to others.
<table>
<thead>
<tr>
<th>DOCTORS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Practice Service</strong></td>
<td></td>
</tr>
<tr>
<td>Dr. Alejandro Fuentes M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Melicia Fuentes M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Roger Heredia M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Thomas Mary M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Alfonso Osuna M.D.</td>
<td></td>
</tr>
<tr>
<td><strong>Internal Medicine Service</strong></td>
<td></td>
</tr>
<tr>
<td>Dr. Ricardo Alvarez M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. S. Maury Rods M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Arthur Reinos M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Dominick Calvo III M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Angelito Osuna M.D.</td>
<td></td>
</tr>
<tr>
<td><strong>Anesthesia Service</strong></td>
<td></td>
</tr>
<tr>
<td>Dr. James Robertson M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Dominick Marlin M.D.</td>
<td></td>
</tr>
<tr>
<td>Dr. Patrick Amato M.D.</td>
<td></td>
</tr>
</tbody>
</table>

**In Recent NEWS**

**PACS**

A Picture Archiving and Communication System (PACS) has been installed to create centralized access to Radiology images and provide reports from any workstation at any time. This gives physicians quicker access to information that allows them to make patient care decisions. Pictured: Robert C. Fouladi D.O., Radiologist.

**Harvest Night**

The 25th anniversary of the Knapp Medical Center Foundation’s annual gala auction, Harvest Night, was a success in more ways than one. Attendance was up, guests enjoyed the new arrangement and food stations and the volunteers raised the most ever, $217,000! Harvest Night funds expand the Foundation’s endowment with the earnings providing grants for hospital equipment and health care education. The Knapp Medical Center Foundation Board thanks all the many, many volunteers, sponsors and donors that made Harvest Night possible.

**E.R. Minor Care Track**

An E.R. Minor Care Track began in October. A nurse practitioner is available to see minor care patients from 11 a.m. to 11 p.m. Patients that present to the E.R. and meet the minor care criteria have a medical screening performed by a clinician. If the patient has a non-emergent condition, the patient is given information and asked whether they want to receive treatment in the minor care track area. If the patient decides not to receive treatment at Knapp, they are given information on other minor care options within the community. The average turn-around time for a Minor Care Track patient is one hour.

**Outstanding Citizen Of Weslaco**

Congratulations to Bruce Lime, who was named the Outstanding Citizen of Weslaco by the Weslaco Area Chamber of Commerce on Oct. 19, 2006. Bruce’s commitment and contribution to the volunteer program at Knapp Medical Center for the past 19 years have been invaluable. He is an unpretentious leader who exemplifies the true spirit of volunteerism and his volunteer energy extends far beyond Knapp Medical Center. For more information about this special volunteer, go to knappmed.org.

**Donations**

The following donations were gratefully received during November and December:

**Donations to Knapp Medical Center Foundation**

- In Honor of Dobey Verer Rektorik
- Lynn Carter
- Esperanza Garza
- Carmen Hicks
- In Memory of Secretar Chapa
- Dobey Verer Rektorik
- In Memory of Udine Hope Higgins
- Tamara Carson
- Of Music and Dance of Spain L
- In Memory of Bettye Rice
- Mr. & Mrs. Craig Wiegand

**Donations to Knapp Medical Center Hospice Care Services**

- Donation
- Nalia Villarreal
- Rio Grande Valley Chapter of A.A.M.T.
- In Memory of Gary Hutson
- Larry & Shelley Riddle
- In Memory of George E. Rosenberger

**Donations in honor of or in memory of a colleague, friend or loved one can be sent to Knapp Medical Center Foundation, P.O. Box 1110, Weslaco TX 78599 or go online to: www.knappmed.org**
MAMMOGRAPHY

Questions & Answers

Digital mammography and a computer aided detection system make a powerful combination offering the promise of increased breast cancer detection and safer care at Knapp Medical Center.

Why the switch to digital?
Digital mammography was developed for many important reasons. The system transfers images to a computer so they can be electronically optimized different parts of the breast tissue. And special software allows your doctor to view the entire breast on one image.

I’ve heard that digital mammography is better for patients who have dense breasts. What is the difference between dense & fatty breasts?
Your breast contains varying amounts of glandular (dense) tissue and fatty tissue. The more glandular the breast tissue, the denser the breast. Digital mammography is better for imaging dense breast tissue than the traditional film method.

Is there any reduction in the amount of radiation received by the patient?
The company that makes the equipment, has conducted tests showing digital mammography reduces radiation to the patient by 60%.

Who should have Computer Aided Detection (C.A.D.) screening?
All women at risk of getting breast cancer with 1 or 8 of women getting breast cancer in their lifetime. For every 100 cancers detected by screening mammography, the the use of C.A.D. could result in earlier detection of an additional 21 breast cancers meaning a potential 23 more lives saved. C.A.D. screening is recommended for all women.

How often should C.A.D. be performed?
C.A.D. should be performed with every mammography exam.

What does C.A.D. do?
After your mammography exam, your films are scanned and digitized by the C.A.D. computer. It analyses the film and provides a report for the doctor focus in on the areas of concern, which enhance readability and interpretation.

In a study released by HealthGrades, the nation’s leading independent healthcare ratings company, Knapp Medical Center received five-star ratings for clinical excellence in pulmonary services for their fourth consecutive year. Even more, Knapp Medical Center also ranked among the top five percent in the nation for overall pulmonary care, and is a three-time recipient of the HealthGrades Pulmonary Care Excellence Award™.

"This is a distinct honor to be in the top five percent since there are 5,000 hospitals in the United States," said James A. Summers III, Knapp Medical Center President and CEO.

In their ninth year releasing the Hospital Quality in America Study, HealthGrades independently analyzed more than 5,000 hospitals in all 50 U.S. states and the District of Columbia for the 2007 ratings. The recognition is based on HealthGrades annual analysis of millions of Medicare patient discharges at nearly every hospital in the country. According to the study, HealthGrades ratings are determined by analyzing varying degrees of patient severity from hospital to hospital and measuring whether patient outcomes for each of more than two dozen procedures and diagnoses are better than expected (5-Star), as expected (3-Star) or worse than expected (1-Star). Knapp Medical Center received the highest possible 5-Star ratings for treatment of community acquired pneumonia and chronic obstructive pulmonary disease (COPD).

"In Southern Texas, Knapp Medical Center stands out notably in terms of delivering quality care for its pulmonary patients," said Samantha Collin, M.D., HealthGrades vice president of medical affairs. "Patients, families and employers here truly have access to healthcare that is among the best in the nation."
AWARDS

Noble Allen Receives THT Founders’ Award

Congratulations to Noble C. Allen, chairman of the board at Knapp Medical Center, for being awarded the 2006 Founders’ Award, the Texas Healthcare Trustees’ highest honor.

Established in 1972, the Founders’ Award is presented to trustees who have provided leadership and significantly contributed to the health care field. The award originally was given to the five founders of the Texas Healthcare Trustees, and the 36 subsequent recipients’ accomplishments have exemplified the group’s dedication to and concern for the health care field.

"THT has been the fortunate beneficiary of Noble Allen’s significant energy and enthusiasm," said outgoing THT Chairman Peggy V. Allsion, member of the board of governors for Methodist Healthcare System of San Antonio. "Noble has dedicated his life to improving health care in South Texas, and he is a role model for trustees and community leaders everywhere."

Most recently, Allen helped guide Knapp Medical Center through the selection of a new chief executive officer, James A. Summerrtett III, when former CEO Robert Vanderveer retired after 27 years. Allen has overseen multiple milestones at Knapp, including building and expansion projects and the hospital being named after 27 years. Allen has overseen multiple milestones at Knapp, including building and expansion projects and the hospital being named.

In addition to his efforts for Knapp Medical Center, Allen has been involved in a wide array of community activities and civic endeavors. A lifelong resident of Weslaco, he has been instrumental in almost every civic and charitable organization in town.

Only two years after his college graduation, he was named Jaycee of the Year – Weslaco Chapter. Noted for his very sense of humor and civic responsibility, Allen has served in multiple leadership roles on the local and state levels.

He is past president of the Weslaco Chamber of Commerce, Jaycees, Lions Club and the University of Texas Pan American Alumni Association. He served on the City of Weslaco Planning and Zoning Commission and is past president of the Rio Grande Valley Chamber of Commerce, not to mention stints as the Weslaco Crime Stoppers president and Weslaco Sugar Cane Festival committee chair. He is a previous recipient of Weslaco’s Man of the Year award.

Allen graduated as valedictorian of Weslaco High School and received a bachelor’s degree in business administration from The University of Texas-Pan American in Edinburg. A native of Weslaco, he is a partner in the certified public accounting firm of Salinas, Allen & Schmitt, LLP. He and his wife, Sharon, have two daughters.

Evans, a fellow hospital board director and chairman/CEO of Western Leather Goods, Inc., in Mcrocddo. "In his present position, Noble has shown keen insight and discernment in guiding us through an administrative change and the challenges we are facing with declining payments and increasing numbers of indigent patients."

Allen has served on boards at Knapp Medical Center since 1981. He also served on the THT board and was chairman in 2000 and was president of the THT Foundation.

In addition to his efforts for Knapp Medical Center, Allen has been involved in a wide array of community activities and civic endeavors. A lifelong resident of Weslaco, he has been instrumental in almost every civic and charitable organization in town.

Only two years after his college graduation, he was named Jaycee of the Year – Weslaco Chapter. Noted for his very sense of humor and civic responsibility, Allen has served in multiple leadership roles on the local and state levels.

He is past president of the Weslaco Chamber of Commerce, Jaycees, Lions Club and the University of Texas Pan American Alumni Association. He served on the City of Weslaco Planning and Zoning Commission and is past president of the Rio Grande Valley Chamber of Commerce, not to mention stints as the Weslaco Crime Stoppers president and Weslaco Sugar Cane Festival committee chair. He is a previous recipient of Weslaco’s Man of the Year award.

Allen graduated as valedictorian of Weslaco High School and received a bachelor’s degree in business administration from The University of Texas-Pan American in Edinburg. A native of Weslaco, he is a partner in the certified public accounting firm of Salinas, Allen & Schmitt, LLP. He and his wife, Sharon, have two daughters.

Radegild, highlighting suspicious areas that may be indicative of cancer. It acts like a second eye or a spellchecker.

Does C.A.D. help with earlier detection?

By utilizing the C.A.D. computer, some cancers can be detected up to 24 months earlier than with conventional means only.

Does earlier detection help?

Yes. It is critical to diagnose breast cancer as early as possible when survival rates are highest, and treatment costs are lowest.

Will my insurance cover the cost of the procedure?

Medicare and many other insurance companies are currently reimbursing for this procedure. Since this technology is new, however, not all payers are participating at this time.

Can I get the C.A.D. procedure even if it is not covered by my insurance company?

Yes, Knapp Medical Center is currently making C.A.D. available to all its patients.

February 2007

Knapp Mammography Services

To schedule a mammogram call: 956-969-5478

For mammography info call: 956-969-5342

1401 E. Eighth St., Weslaco

www.knappmed.org

Community Services

Here is a list of some of the support groups that meet at Knapp Medical Center and community programs offered by Knapp. For more information, call the numbers below weekdays between 8 a.m. and 4:30 p.m. All Knapp community programs are free unless a fee is specified.

Basic Life Support (BLS & AED Training)
- Call 969-5455 for schedules
- $5 requested

Childbirth Education Classes
- 10 a.m. – 12 p.m. Saturdays English classes
- 7 p.m. – 9 p.m. Monday Spanish classes
- Fee for brothers and sisters in the family, we offer concurrent sibling classes geared for ages 4-12
- For all family members attending any of the above classes, the cost is one low fee of $40
- Call 969-5448 to register

Diabetes Support Group
- For information please call 969-5568

Doctor Directory
- 8 a.m. to 4:30 p.m. weekdays for Knapp Medical Staff information
- Medical Staff doctors are independent professional practitioners
- Call 969-5237

First Aid Course
- Call 969-5455 for schedules

Grief/Bereavement Support Group
- 10-11 a.m. on last Tuesday in Knapp Conference Center Room 7
- Call 973-1879

MS Support Group
- 10 a.m. on second Saturday usually October - April
- Call 969-5119

Speakers
- Topics include child safety, senior health, advance directives and Knapp updates.
- Call 969-5237

Tours
- Available to public and school groups and tailored to the age, interest and group size.
- Please schedule at least two weeks in advance.
- Call 969-5237
Congratulations to Esmeralda and Victor Rodriguez, proud parents of newborn twin girls born at Knapp Medical Center.

Baby Vanessa Nicole (held by mom) and Baby Alexis Raquel (held by dad) were delivered just one minute apart by Dr. Juan Gonzalez-Dickson. Best wishes to the new family from the staff at Knapp Medical Center.